National Assembly for Wales / Cynulliad Cenedlaethol Cymru <u>Health and Social Care Committee</u> / <u>Y Pwyllgor Iechyd a Gofal</u> Cymdeithasol

<u>Inquiry into alcohol and substance misuse</u> / <u>Ymchwiliad i</u> gamddefnyddio alcohol a sylweddau

Evidence from CAIS - ASM(Q) 28 / Tystiolaeth gan CAIS - ASM(Q) 28

## Inquiry into alcohol and substance misuse

## **Survey Consultation Response**

**Organisation: CAIS** 

## Questionnaire

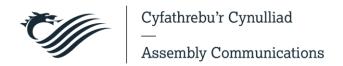
o1. Which client group(s) do you work with? (For example, under 18s, older persons, homeless, or female only)

Substance misuse - 18+

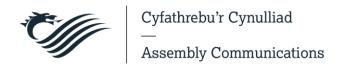
**o2**. What are the main reasons why your clients take drugs or drink excessively? Please tick all that apply.

If you work with more than one client group or you feel that there are other reasons as to why your clients take drugs or drink excessively, please comment in the box below.

- Peer pressure;
- A way to deal with stress;
- Client(s) already substance reliant;
- Mental Health;
- Boost confidence;
- Relieve social anxiety;
- Environmental factors (for example excessive drinking and/or drugs normalised in the home/community)
- Relationship problems;
- Financial concerns;



- Self-medication;Escapism.Comments
- Physical dependence.
- o3. Are there certain groups of people who are more likely to be affected by drugs and excessive drinking? If so, which groups might they be?
  - Vulnerable;
  - Learned behaviour;
  - Unemployed;
  - Mental health.
- **04.** Does a particular stage of your clients' lives influence their likelihood of taking drugs or drinking excessively? If so, what stage might that be? (i.e. age, relationship breakdown, unemployment etc.)
  - Relationship breakdown;
  - Job loss;
  - Parents;
  - Abuse;
  - Retirement.
- o5. What barriers exist for your client(s) when trying to access support and services?
  - Own motivation;
  - Transport;
  - Poor communication.
- o6. What barriers exist for services when trying to access support for client(s)?



Money
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**o7**. What do you consider to be barriers for staff and frontline services in working with your client group(s), or substance misuse generally?

Money

**o8**. Where do you think efforts should be targeted to address the issue of alcohol and substance misuse in Wales?

Schools

og. In which local authority area do you work? If you work outside of Wales, please write your local authority area below.

Wrexham

**Contact Details**